



# 49. Brockenlauf

Ilseburg / 07.09.2019

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Fobe, René

□□: LG Landeskronen Görlitz  
 □□: 147

□□: 26.20 km  
 26,2 km - Lauf

□□□□:  
 Senioren M50 (50-54 Jahre)

□□□: 2:53:15

□□: 9.00 km/h  
 □□□□: 6:37 min/km

□□□□□/□□□: 385 (of 581)

□□□□□/□: 348 (of 475)

□□□□□□: 1:39:32

□□□□□: 58(of 77)

□□□□□□□: 1:59:26

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	20:52	6:19	59	6:56	335	7:48	3.30	20:52	6:19	59	6:56	335	7:48
Schlüsie	3.10	22:36	7:17	58	7:08	364	8:58	6.40	43:28	6:47	57	14:04	353	16:45
Hermannsklippe	2.60	20:54	8:02	61	7:23	383	9:30	9.00	1:04:22	7:09	60	21:18	372	26:15
Brocken	3.10	33:43	10:52	56	12:15	353	15:40	12.10	1:38:05	8:06	59	33:33	369	41:55
Eiserner Handwe	3.60	20:50	5:47	53	6:25	328	8:58	15.70	1:58:55	7:34	59	39:13	356	50:53
Schlüsie	4.10	20:25	4:58	52	6:18	336	8:51	19.80	2:19:20	7:02	58	44:56	353	59:44
Loddenke	3.10	16:07	5:11	57	4:27	337	6:48	22.90	2:35:27	6:47	59	49:10	354	1:06:32
Ilseburg/Markt	3.30	17:48	5:23	59	4:46	328	7:11	26.20	2:53:15	6:36	58	53:49	348	1:13:43