



49. Brockenlauf

Ilseburg / 07.09.2019

□□□□

Dominé, Ute

□□: Vegan Runners Magdeburg

□□: 108

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W50 (50-54 Jahre)

□□□: 3:15:40

□□: 7.97 km/h

□□□□: 7:28 min/km

□□□□□/□□□: 504 (of 581)

□□□□□/□: 73 (of 106)

□□□□□□: 2:08:56

□□□□□: 14(of 19)

□□□□□□□: 2:36:21

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□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:57	6:57	15	3:32	69	7:09	3.30	22:57	6:57	15	3:32	69	7:09	
Schlüsie	3.10	27:05	8:44	16	6:24	89	10:30	6.40	50:02	7:49	16	9:03	82	17:34	
Hermannsklippe	2.60	24:55	9:35	17	6:42	88	10:20	9.00	1:14:57	8:19	17	15:45	85	27:54	
Brocken	3.10	38:43	12:29	13	9:30	77	14:34	12.10	1:53:40	9:23	16	23:29	84	42:21	
Eiserner Handwe	3.60	24:47	6:53	14	6:19	82	9:35	15.70	2:18:27	8:49	14	29:22	82	51:56	
Schlüsie	4.10	22:28	5:28	9	4:32	66	7:22	19.80	2:40:55	8:07	14	33:54	81	59:18	
Loddenke	3.10	16:35	5:20	5	2:58	51	4:28	22.90	2:57:30	7:45	14	36:52	75	1:03:46	
Ilseburg/Markt	3.30	18:10	5:30	5	2:27	48	4:10	26.20	3:15:40	7:28	14	39:19	73	1:06:44	