



# VR Bank ChariTria Bidingen

Bidingen / 26.05.2019

0000

Lennys Team

000: 1:30:19

00: 310

00: 16.97 km/h

0000: 3:32 min/km

00: 25.55 km

Chari Tria Staffel (0,55-20,0-5,0)

00000: 5 (of 8)

000000: 1:08:01

0000:

00000: 5(of 8)

Jedermann

0000000: 1:08:01

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
Schwimmen nett	0.55	10:51	19:43	3	1:29	3	1:29	0.55	10:51	19:43	3	1:29	3	1:29
Rad netto	20.00	50:49	2:32	7	13:20	7	13:20	20.55	1:01:40	3:00	6	14:04	6	14:04
Lauf	5.00	28:39	5:43	5	8:14	5	8:14	25.55	1:30:19	3:32	5	22:18	5	22:18