VR Bank ChariTria Büdingen Büdingen / 26.05.2019



VR Bank 1 □□□: 1:30:38

□□: 16.55 km/h
□□: 323 □□□: 3:33 min/km

□□: 25.55 km

	km		min/km	-	-			km		min/km	-	-		
Schwimmen nett	0.55	15:05	27:25	8	5:43	8	5:43	0.55	15:05	27:25	8	5:43	8	5:43
Rad netto	20.00	44:19	2:12	3	6:50	3	6:50	20.55	59:24	2:53	4	11:48	4	11:48
Lauf	5.00	31:14	6:14	8	10:49	8	10:49	25.55	1:30:38	3:32	6	22:37	6	22:37