



0000

Akca, Deniz

000: 54:01

00: 405

00: 12.85 km

Chari Tria Youth 2 (0,35-10,0-2,5)

00000/000: 5 (of 6)

00000/0: 5 (of 6)

000000: 42:00

0000:

Jugend B (14-15 J.)

00000: 3(of 4)

0000000: 42:02

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	0.35	6:43	19:11	2	1:33	4	1:33	0.35	6:43	19:11	2	1:33	4	1:33
Wechsel S -> R	-	2:14	-	4	0:43	6	0:46	0.35	8:57	25:34	2	2:16	4	2:16
Schwimmen 000	0.35	8:57	25:34	2	2:16	4	2:16	0.35	8:57	25:34	2	2:16	4	2:16
Rad netto	10.00	25:53	2:35	3	4:21	5	4:22	10.35	34:50	3:21	3	6:37	5	6:37
Wechsel R -> L	-	0:45	-	2	0:01	2	0:01	10.35	35:35	3:26	3	6:23	5	6:23
Rad 000	10.00	26:38	2:39	3	4:07	5	4:10	10.35	35:35	3:26	3	6:23	5	6:23
Lauf	2.50	18:26	7:22	3	5:36	5	5:38	12.85	54:01	4:12	3	11:59	5	12:01