



0000

Wagner, Lukas

000: 1:24:21

00: 327

00: 25.55 km

Chari Tria (0,55-20,0-5,0)

00000/000: 57 (of 84)

00000/0: 46 (of 62)

000000: 58:18

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Männer AK1

00000: 4(of 5)

0000000: 58:18

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	0.55	11:27	20:49	4	3:54	28	3:54	0.55	11:27	20:49	4	3:54	28	3:54
Wechsel S -> R	-	3:39	-	4	2:21	54	2:31	0.55	15:06	27:27	4	6:13	36	6:13
Schwimmen 000	0.55	15:06	27:27	4	6:13	36	6:13	0.55	15:06	27:27	4	6:13	36	6:13
Rad netto	20.00	41:02	2:03	4	10:04	49	19:42	20.55	56:08	2:43	4	16:17	61	17:03
Wechsel R -> L	-	2:09	-	5	1:21	56	1:29	20.55	58:17	2:50	4	17:37	49	17:37
Rad 000	20.00	43:11	2:09	5	11:24	52	18:53	20.55	58:17	2:50	4	17:37	49	17:37
Lauf	5.00	26:04	5:12	5	8:26	43	8:26	25.55	1:24:21	3:18	4	26:03	46	26:03