



0000

Eckhardt, Susanne

000: 1:24:05

00: 283

00: 25.55 km

Chari Tria (0,55-20,0-5,0)

00000/000: 56 (of 84)

00000/0: 11 (of 22)

000000: 1:03:29

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Frauen AK4

00000: 5(of 5)

0000000: 1:12:12

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.55	12:44	23:09	4	1:56	11	2:38	0.55	12:44	23:09	4	1:56	11	2:38
Wechsel S -> R	-	3:32	-	4	1:39	16	2:06	0.55	16:16	29:34	4	3:19	12	4:44
Schwimmen 000	0.55	16:16	29:34	4	3:19	12	4:44	0.55	16:16	29:34	4	3:19	12	4:44
Rad netto	20.00	41:31	2:04	5	12:26	13	12:26	20.55	57:47	2:48	5	10:04	13	13:48
Wechsel R -> L	-	1:16	-	2	0:09	9	0:26	20.55	59:03	2:52	5	10:11	13	14:14
Rad 000	20.00	42:47	2:08	5	12:24	13	12:24	20.55	59:03	2:52	5	10:11	13	14:14
Lauf	5.00	25:02	5:00	2	1:42	6	6:22	25.55	1:24:05	3:17	5	11:53	11	20:36