



0000

Wolf, Michaela

000: 2:49:52

00: 50

00: 49.25 km

Chari Tria Olymp (1,25-38.0-10,0)

00000/000: 42 (of 46)

00000/0: 8 (of 10)

000000: 2:08:17

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Seniorinnen 4 WK55

00000: 1(of 2)

0000000: 2:49:52

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.25	35:36	28:28	2	7:03	10	15:28	1.25	35:36	28:28	2	7:03	11	15:28
Wechsel S -> R	-	3:21	-	1	-	8	1:46	1.25	38:57	31:09	2	5:54	11	17:14
Schwimmen 000	1.25	38:57	31:09	2	5:54	11	17:14	1.25	38:57	31:09	2	5:54	11	17:14
Rad netto	38.00	1:15:51	1:59	1	-	6	14:30	39.25	1:54:48	2:55	1	-	11	28:18
Wechsel R -> L	-	1:45	-	1	-	6	0:47	39.25	1:56:33	2:58	1	-	11	29:04
Rad 000	38.00	1:17:36	2:02	1	-	6	15:16	39.25	1:56:33	2:58	1	-	11	29:04
Lauf	10.00	53:19	5:19	1	-	6	12:31	49.25	2:49:52	3:26	1	-	8	41:35