



# VR Bank ChariTria Bünden

Bünden / 26.05.2019

0000

Braune, Vanessa

000: 1:41:02

00: 279

00: 25.55 km

Chari Tria (0,55-20,0-5,0)

00000/000: 75 (of 84)

00000/0: 16 (of 22)

000000: 1:03:29

0000:

Frauen AK2

00000: 1(of 1)

0000000: 1:41:02

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.55	15:20	27:52	1	-	17	5:14	0.55	15:20	27:52	1	-	17	5:14
Wechsel S -> R	-	2:54	-	1	-	11	1:28	0.55	18:14	33:09	1	-	14	6:42
Schwimmen 000	0.55	18:14	33:09	1	-	14	6:42	0.55	18:14	33:09	1	-	14	6:42
Rad netto	20.00	49:34	2:28	1	-	17	20:29	20.55	1:07:48	3:17	1	-	16	23:49
Wechsel R -> L	-	1:21	-	1	-	12	0:31	20.55	1:09:09	3:21	1	-	16	24:20
Rad 000	20.00	50:55	2:32	1	-	17	20:32	20.55	1:09:09	3:21	1	-	16	24:20
Lauf	5.00	31:53	6:22	1	-	16	13:13	25.55	1:41:02	3:57	1	-	16	37:33