



0000

Theurich, Wiebke

000: 2:54:29

00: 38

00: 49.25 km

Chari Tria Olymp (1,25-38.0-10,0)

00000/000: 44 (of 46)

00000/0: 9 (of 10)

000000: 2:08:17

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Seniorinnen 1 WK40

00000: 4(of 4)

0000000: 2:13:11

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.25	29:43	23:46	4	8:38	9	9:35	1.25	29:43	23:46	4	8:38	11	9:35
Wechsel S -> R	-	3:13	-	3	1:22	7	1:38	1.25	32:56	26:20	3	10:00	11	11:13
Schwimmen 000	1.25	32:56	26:20	3	10:00	11	11:13	1.25	32:56	26:20	3	10:00	11	11:13
Rad netto	38.00	1:19:08	2:04	4	13:39	7	17:47	39.25	1:52:04	2:51	4	23:39	11	25:34
Wechsel R -> L	-	1:52	-	3	0:49	7	0:54	39.25	1:53:56	2:54	4	24:28	11	26:27
Rad 000	38.00	1:21:00	2:07	4	14:28	7	18:40	39.25	1:53:56	2:54	4	24:28	11	26:27
Lauf	10.00	1:00:33	6:03	4	16:50	9	19:45	49.25	2:54:29	3:32	4	41:18	9	46:12