



VR Bank ChariTria Büdingen

Büdingen / 26.05.2019

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Pipp, Frederic

□□□: 2:17:27

□□: 20

□□: 49.25 km

Chari Tria Olymp (1,25-38.0-10,0)

□□□□□/□□□: 9 (of 46)

□□□□□/□: 7 (of 36)

□□□□□□: 2:06:59

□□□□:

Senioren 2 MK45

□□□□□: 1(of 8)

□□□□□□□: 2:17:27

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Schwimmen nett	1.25	21:59	17:35	1	-	4	4:14	1.25	21:59	17:35	1	-	37	4:14
Wechsel S -> R	-	1:34	-	1	-	1	-	1.25	23:33	18:50	1	-	37	4:11
Schwimmen □□□	1.25	23:33	18:50	1	-	37	4:11	1.25	23:33	18:50	1	-	37	4:11
Rad netto	38.00	1:04:36	1:42	3	0:22	13	5:21	39.25	1:28:09	2:14	1	-	4	5:15
Wechsel R -> L	-	0:59	-	2	0:01	2	0:01	39.25	1:29:08	2:16	1	-	4	5:02
Rad □□□	38.00	1:05:35	1:43	3	0:08	10	5:08	39.25	1:29:08	2:16	1	-	4	5:02
Lauf	10.00	48:19	4:49	2	0:41	16	9:48	49.25	2:17:27	2:47	1	-	7	10:28