



0000

Scherff, Stefan

000: 2:24:07

00: 23

00: 49.25 km

Chari Tria Olymp (1,25-38.0-10,0)

00000/000: 14 (of 46)

00000/0: 12 (of 36)

000000: 2:06:59

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Senioren 3 MK50

00000: 2(of 7)

0000000: 2:15:17

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.25	25:47	20:37	3	1:13	18	8:02	1.25	25:47	20:37	3	1:13	37	8:02
Wechsel S -> R	-	2:59	-	3	1:03	25	1:25	1.25	28:46	23:00	3	2:16	37	9:24
Schwimmen 000	1.25	28:46	23:00	3	2:16	37	9:24	1.25	28:46	23:00	3	2:16	37	9:24
Rad netto	38.00	1:07:00	1:45	3	3:04	16	7:45	39.25	1:35:46	2:26	3	5:20	15	12:52
Wechsel R -> L	-	2:16	-	5	1:16	33	1:18	39.25	1:38:02	2:29	3	6:36	15	13:56
Rad 000	38.00	1:09:16	1:49	3	4:20	16	8:49	39.25	1:38:02	2:29	3	6:36	15	13:56
Lauf	10.00	46:05	4:36	2	2:14	9	7:34	49.25	2:24:07	2:55	2	8:50	12	17:08