



0000

Kirchner, Jan Hendrik

000: 2:37:08

00: 3

00: 49.25 km

Chari Tria Olymp (1,25-38.0-10,0)

00000/000: 27 (of 46)

00000/0: 24 (of 36)

000000: 2:06:59

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Männer AK2

00000: 4(of 4)

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.25	26:24	21:07	4	4:40	19	8:39	1.25	26:24	21:07	4	4:40	37	8:39
Wechsel S -> R	-	2:29	-	3	0:11	18	0:55	1.25	28:53	23:06	4	4:41	37	9:31
Schwimmen 000	1.25	28:53	23:06	4	4:41	37	9:31	1.25	28:53	23:06	4	4:41	37	9:31
Rad netto	38.00	1:15:42	1:59	4	13:39	31	16:27	39.25	1:44:35	2:39	5	17:37	27	21:41
Wechsel R -> L	-	1:25	-	1	-	16	0:27	39.25	1:46:00	2:42	5	17:32	27	21:54
Rad 000	38.00	1:17:07	2:01	4	13:34	31	16:40	39.25	1:46:00	2:42	5	17:32	27	21:54
Lauf	10.00	51:08	5:06	4	12:37	22	12:37	49.25	2:37:08	3:11	4	30:09	24	30:09