



0000

Wohlfart, Christoph

000: 1:19:49

00: 226

00: 25.55 km

Chari Tria (0,55-20,0-5,0)

00000/000: 43 (of 84)

00000/0: 38 (of 62)

000000: 58:18

0000:

Männer AK2

00000: 8(of 11)

0000000: 1:04:14

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.55	12:17	22:19	8	3:49	36	4:44	0.55	12:17	22:19	8	3:49	63	4:44
Wechsel S -> R	-	1:28	-	3	0:14	8	0:20	0.55	13:45	24:59	6	3:43	62	4:52
Schwimmen 000	0.55	13:45	24:59	6	3:43	62	4:52	0.55	13:45	24:59	6	3:43	62	4:52
Rad netto	20.00	39:47	1:59	8	18:27	43	18:27	20.55	53:32	2:36	7	14:27	38	14:27
Wechsel R -> L	-	0:40	-	1	-	1	-	20.55	54:12	2:38	7	12:09	61	13:32
Rad 000	20.00	40:27	2:01	8	16:09	41	16:09	20.55	54:12	2:38	7	12:09	61	13:32
Lauf	5.00	25:37	5:07	7	5:20	39	7:59	25.55	1:19:49	3:07	8	15:35	38	21:31