



0000

Hoffmann, Axel

000: 2:40:34

00: 32

00: 49.25 km

Chari Tria Olymp (1,25-38.0-10,0)

00000/000: 33 (of 46)

00000/0: 28 (of 36)

000000: 2:06:59

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Senioren 5 MK60

00000: 2(of 3)

0000000: 2:26:42

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.25	22:57	18:21	1	-	7	5:12	1.25	22:57	18:21	1	-	37	5:12
Wechsel S -> R	-	3:00	-	2	0:39	26	1:26	1.25	25:57	20:45	1	-	37	6:35
Schwimmen 000	1.25	25:57	20:45	1	-	37	6:35	1.25	25:57	20:45	1	-	37	6:35
Rad netto	38.00	1:11:01	1:52	2	5:13	22	11:46	39.25	1:36:58	2:28	1	-	3	14:04
Wechsel R -> L	-	1:30	-	2	0:17	17	0:32	39.25	1:38:28	2:30	1	-	3	14:22
Rad 000	38.00	1:12:31	1:54	2	5:30	22	12:04	39.25	1:38:28	2:30	1	-	3	14:22
Lauf	10.00	1:02:06	6:12	3	15:43	36	23:35	49.25	2:40:34	3:15	2	13:52	28	33:35