



0000

Schneider, Achim

000: 2:08:46

00: 48

00: 49.25 km

Chari Tria Olymp (1,25-38.0-10,0)

00000/000: 4 (of 46)

00000/0: 3 (of 36)

000000: 2:06:59

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Senioren 4 MK55

00000: 1(of 4)

0000000: 2:08:46

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.25	17:45	14:11	1	-	1	-	1.25	17:45	14:11	1	-	1	-
Wechsel S -> R	-	1:37	-	1	-	2	0:03	1.25	19:22	15:29	1	-	1	-
Schwimmen 000	1.25	19:22	15:29	1	-	1	-	1.25	19:22	15:29	1	-	1	-
Rad netto	38.00	1:03:40	1:40	1	-	4	4:25	39.25	1:23:02	2:06	1	-	37	0:08
Wechsel R -> L	-	1:09	-	1	-	6	0:11	39.25	1:24:11	2:08	1	-	37	0:05
Rad 000	38.00	1:04:49	1:42	1	-	3	4:22	39.25	1:24:11	2:08	1	-	37	0:05
Lauf	10.00	44:35	4:27	1	-	8	6:04	49.25	2:08:46	2:36	1	-	3	1:47