



VR Bank ChariTria Bidingen

Bidingen / 26.05.2019

0000

Weber, Leon

000: 1:01:54

00: 309

00: 25.55 km

Chari Tria (0,55-20,0-5,0)

00000/000: 2 (of 84)

00000/0: 2 (of 62)

000000: 58:18

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Männer AK1

00000: 2(of 5)

0000000: 58:18

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.55	7:34	13:45	2	0:01	2	0:01	0.55	7:34	13:45	2	0:01	2	0:01
Wechsel S -> R	-	1:27	-	3	0:09	6	0:19	0.55	9:01	16:23	2	0:08	2	0:08
Schwimmen 000	0.55	9:01	16:23	2	0:08	2	0:08	0.55	9:01	16:23	2	0:08	2	0:08
Rad netto	20.00	32:00	1:36	2	1:02	4	10:40	20.55	41:01	1:59	2	1:10	61	1:56
Wechsel R -> L	-	0:48	-	1	-	9	0:08	20.55	41:49	2:02	2	1:09	2	1:09
Rad 000	20.00	32:48	1:38	2	1:01	4	8:30	20.55	41:49	2:02	2	1:09	2	1:09
Lauf	5.00	20:05	4:00	2	2:27	2	2:27	25.55	1:01:54	2:25	2	3:36	2	3:36