



0000

Kerk, Moritz

000: 1:07:11

00: 3defacto Team ASC Darmstadt

00: 285

00: 25.55 km

Chari Tria (0,55-20,0-5,0)

00000/000: 10 (of 84)

00000/0: 9 (of 62)

000000: 58:18

0000:

Männer AK2

00000: 3(of 11)

0000000: 1:04:14

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0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	0.55	10:55	19:50	4	2:27	21	3:22	0.55	10:55	19:50	12	2:27	22	3:22
Wechsel S -> R	-	1:28	-	3	0:14	8	0:20	0.55	12:23	22:30	11	2:21	13	3:30
Schwimmen 000	0.55	12:23	22:30	11	2:21	13	3:30	0.55	12:23	22:30	11	2:21	13	3:30
Rad netto	20.00	32:49	1:38	3	11:29	12	11:29	20.55	45:12	2:11	10	6:07	61	6:07
Wechsel R -> L	-	0:47	-	3	0:07	7	0:07	20.55	45:59	2:14	10	3:56	10	5:19
Rad 000	20.00	33:36	1:40	3	9:18	9	9:18	20.55	45:59	2:14	10	3:56	10	5:19
Lauf	5.00	21:12	4:14	3	0:55	7	3:34	25.55	1:07:11	2:37	3	2:57	9	8:53