



# 6. Erfurt Marathon

Erfurt / 24.08.2019

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Kind, Christiane

□□: Team Fitness-Mama

□□: 86

□□: 42.00 km

Marathon Einzel

□□□□:

Frauen

□□□: 4:19:42

□□: 9.70 km/h

□□□□: 6:11 min/km

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□□□□□/□: 3 (of 12)

□□□□□□: 4:00:13

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
nördlichster Punkt	4.50	23:08	5:08	3	2:48	3	2:48	4.50	23:08	5:08	3	2:48	3	2:48
Wechselstelle 1	5.00	30:03	6:00	3	3:12	3	3:12	9.50	53:11	5:35	3	6:00	3	6:00
Wechselstelle 2	11.00	1:09:44	6:20	3	3:11	3	3:11	20.50	2:02:55	5:59	3	8:50	3	8:50
südlichster Punkt	6.50	34:20	5:16	3	1:29	3	1:29	27.00	2:37:15	5:49	3	9:15	3	9:15
Wechselstelle 3	4.00	27:17	6:49	6	4:05	6	4:05	31.00	3:04:32	5:57	3	10:15	3	10:15
Nordpark Erfurt	11.00	1:15:10	6:50	4	13:55	4	13:55	42.00	4:19:42	6:10	3	19:29	3	19:29