



# 6. Erfurt Marathon

Erfurt / 24.08.2019

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Kind, Christiane

□□: Team Fitness-Mama

□□: 86

□□: 42.00 km

Marathon Einzel

□□□□:

Frauen

□□□: 4:19:42

□□: 9.70 km/h

□□□□: 6:11 min/km

□□□□□/□□□: 25 (of 66)

□□□□□/□: 3 (of 12)

□□□□□□: 4:00:13

□□□□□: 3(of 12)

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| □□□                | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|--------------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| nördlichster Punkt | 4.50     | 23:08    | 5:08         | 3       | 2:48    | 3       | 2:48    | 4.50  | 23:08     | 5:08          | 3       | 2:48    | 3       | 2:48    |
| Wechselstelle 1    | 5.00     | 30:03    | 6:00         | 3       | 3:12    | 3       | 3:12    | 9.50  | 53:11     | 5:35          | 3       | 6:00    | 3       | 6:00    |
| Wechselstelle 2    | 11.00    | 1:09:44  | 6:20         | 3       | 3:11    | 3       | 3:11    | 20.50 | 2:02:55   | 5:59          | 3       | 8:50    | 3       | 8:50    |
| südlichster Punkt  | 6.50     | 34:20    | 5:16         | 3       | 1:29    | 3       | 1:29    | 27.00 | 2:37:15   | 5:49          | 3       | 9:15    | 3       | 9:15    |
| Wechselstelle 3    | 4.00     | 27:17    | 6:49         | 6       | 4:05    | 6       | 4:05    | 31.00 | 3:04:32   | 5:57          | 3       | 10:15   | 3       | 10:15   |
| Nordpark Erfurt    | 11.00    | 1:15:10  | 6:50         | 4       | 13:55   | 4       | 13:55   | 42.00 | 4:19:42   | 6:10          | 3       | 19:29   | 3       | 19:29   |