



Thormann, Anja

□□: EnerGuido

□□: 140

□□: 14.00 km Hauptlauf

Seniorinnen W40 (40-44 Jahre)

□□□: 1:36:40

□□: 8.69 km/h

□□□□: 6:54 min/km

______: 157 (of 179)

□□□□□/□: 37 (of 51)

| 1:04:42

□□□□: 10(of 11)

	km		min/km	-	-			km		min/km	-	-		
Kontrolle	5.80	41:20	7:07	10	10:28	39	13:48	5.80	41:20	7:07	10	10:28	39	13:48
Ziel	8.20	55:20	6:44	10	13:26	37	18:10	14.00	1:36:40	6:54	10	23:54	37	31:58