



13. Kristall-Marathon

Merkers / 17.02.2019

0000

Tröbs, Markus

00: TSV Ebersdorf

00: 244

00: 9.75 km

10 km Lauf

0000:

Senioren M45 (45-49 Jahre)

000: 55:01

00: 10.63 km/h

0000: 5:38 min/km

00000/000: 104 (of 246)

00000/0: 78 (of 148)

000000: 33:48

00000: 15(of 27)

0000000: 39:06

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	17:58	5:31	16	5:42	85	7:27	3.25	17:58	5:31	16	5:42	85	7:27
00 2	3.25	18:55	5:49	15	5:27	83	7:24	6.50	36:53	5:40	16	11:09	82	14:51
000 00	3.25	18:08	5:34	13	4:46	72	6:29	9.75	55:01	5:38	15	15:55	78	21:13