



# 13. Kristall-Marathon

Merkers / 17.02.2019

0000

Kirchner, Manuela

00: SSV Erzgebirge e.V. / RA Haertel

00: 120

00: 9.75 km

10 km Lauf

0000:

Seniorinnen W40 (40-44 Jahre)

000: 55:30

00: 10.54 km/h

0000: 5:41 min/km

00000/000: 106 (of 246)

00000/0: 28 (of 98)

000000: 42:01

00000: 6(of 17)

0000000: 46:36

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	17:52	5:29	9	3:03	36	10:21	3.25	17:52	5:29	9	3:03	36	10:21
00 2	3.25	18:48	5:47	6	3:13	29	4:47	6.50	36:40	5:38	7	6:16	29	9:08
000 00	3.25	18:50	5:47	6	2:51	27	4:45	9.75	55:30	5:41	6	8:54	28	13:29