



# 13. Kristall-Marathon

Merkers / 17.02.2019

0000

Hartwiger, Julia

00: Herzog-Georg Nachtlaufteam Meiningen

00: 89

00: 9.75 km

10 km Lauf

0000:

Seniorinnen W30 (30-34 Jahre)

000: 55:49

00: 10.48 km/h

0000: 5:43 min/km

00000/000: 111 (of 246)

00000/0: 29 (of 98)

000000: 42:01

00000: 7(of 19)

0000000: 49:50

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| 000    | 00   | 00    | 00     | 00 | 00   | 00 | 00    | 000  | 000   | 000    | 00 | 00   | 00 | 00    |
|--------|------|-------|--------|----|------|----|-------|------|-------|--------|----|------|----|-------|
|        | km   | 00    | min/km | -  | -    | 0  | 0     | km   | 00    | min/km | -  | -    | 0  | 0     |
| 00 1   | 3.25 | 18:11 | 5:35   | 8  | 2:28 | 38 | 10:40 | 3.25 | 18:11 | 5:35   | 8  | 2:28 | 38 | 10:40 |
| 00 2   | 3.25 | 18:44 | 5:45   | 7  | 1:57 | 28 | 4:43  | 6.50 | 36:55 | 5:40   | 8  | 4:23 | 32 | 9:23  |
| 000 00 | 3.25 | 18:54 | 5:48   | 6  | 2:41 | 28 | 4:49  | 9.75 | 55:49 | 5:43   | 7  | 5:59 | 29 | 13:48 |