



# 13. Kristall-Marathon

Merkers / 17.02.2019

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**Weiß, Ronny**

00: Trailcenter Rabenberg

00: 528

00: 22.75 km

Halbmarathon

0000:

Senioren M40 (40-44 Jahre)

000: 1:39:05

00: 13.32 km/h

0000: 4:22 min/km

00000/0000: 8 (of 244)

00000/0: 8 (of 179)

000000: 1:31:15

00000: 2(of 25)

0000000: 1:31:15

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	13:14	4:04	1	-	7	0:16	3.25	13:14	4:04	1	-	7	0:16
00 2	3.25	13:38	4:11	2	0:34	7	0:34	6.50	26:52	4:08	2	0:32	7	0:32
00 3	3.25	14:14	4:22	3	1:04	9	1:04	9.75	41:06	4:12	2	1:36	8	1:36
00 4	3.25	14:16	4:23	2	1:16	7	1:16	13.00	55:22	4:15	2	2:52	8	2:52
00 5	3.25	14:25	4:26	3	1:38	8	1:38	16.25	1:09:47	4:17	2	4:30	6	4:30
00 6	3.25	14:34	4:28	2	1:40	8	1:40	19.50	1:24:21	4:19	2	6:10	7	6:10
000 00	3.25	14:44	4:31	3	1:40	11	1:40	22.75	1:39:05	4:21	2	7:50	9	26:49