



13. Kristall-Marathon

Merkers / 17.02.2019

0000

Klameth, Markus

00: ATV Haltern

00: 402

00: 22.75 km

Halbmarathon

0000:

Senioren M50 (50-54 Jahre)

000: 1:57:56

00: 11.19 km/h

0000: 5:11 min/km

00000/0000: 52 (of 244)

00000/0: 47 (of 179)

000000: 1:31:15

00000: 3(of 38)

0000000: 1:57:07

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	16:26	5:03	10	1:07	70	3:28	3.25	16:26	5:03	10	1:07	70	3:28
00 2	3.25	16:20	5:01	8	0:51	61	3:16	6.50	32:46	5:02	7	1:58	63	6:26
00 3	3.25	16:38	5:07	5	1:55	52	3:28	9.75	49:24	5:03	7	2:17	60	9:54
00 4	3.25	16:52	5:11	2	0:38	47	3:52	13.00	1:06:16	5:05	6	1:31	57	13:46
00 5	3.25	17:06	5:15	4	1:29	48	4:19	16.25	1:23:22	5:07	5	1:44	55	18:05
00 6	3.25	17:19	5:19	1	-	44	4:25	19.50	1:40:41	5:09	4	1:07	51	22:30
000 00	3.25	17:15	5:18	4	0:08	42	4:11	22.75	1:57:56	5:11	4	45:40	48	45:40