



13. Kristall-Marathon

Merkers / 17.02.2019

0000

Timm, Jana

00: Heul nicht, lauf!

00: 514

00: 22.75 km

Halbmarathon

0000:

Seniorinnen W45 (45-49 Jahre)

000: 2:04:40

00: 10.59 km/h

0000: 5:29 min/km

00000/000: 85 (of 244)

00000/0: 11 (of 65)

000000: 1:42:53

00000: 1(of 15)

0000000: 2:04:40

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	16:21	5:01	2	0:11	10	2:29	3.25	16:21	5:01	2	0:11	10	2:29
00 2	3.25	17:20	5:19	3	1:20	17	2:41	6.50	33:41	5:10	1	-	10	5:10
00 3	3.25	17:44	5:27	4	3:01	17	3:01	9.75	51:25	5:16	2	0:04	12	8:08
00 4	3.25	18:01	5:32	3	0:24	17	3:08	13.00	1:09:26	5:20	2	0:08	15	11:16
00 5	3.25	18:15	5:36	3	2:39	17	3:11	16.25	1:27:41	5:23	1	-	14	14:27
00 6	3.25	18:22	5:39	3	0:31	12	3:14	19.50	1:46:03	5:26	1	-	14	17:41
000 00	3.25	18:37	5:43	4	0:14	14	4:06	22.75	2:04:40	5:28	1	-	11	21:47