



13. Kristall-Marathon

Merkers / 17.02.2019

□□□□

Arndt, Corinna-Fisun

□□: Marathon Maniacs/TEA

□□: 304

□□: 22.75 km

Halbmarathon

□□□□:

Seniorinnen W50 (50-54 Jahre)

□□□: 3:02:35

□□: 7.23 km/h

□□□□: 8:02 min/km

□□□□□/□□□: 234 (of 244)

□□□□□/□: 63 (of 65)

□□□□□□: 1:42:53

□□□□□: 10(of 10)

□□□□□□□: 1:46:58

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|--------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| □□ 1 | 3.25 | 23:07 | 7:06 | 8 | 8:19 | 57 | 9:15 | 3.25 | 23:07 | 7:06 | 8 | 8:19 | 57 | 9:15 | |
| □□ 2 | 3.25 | 25:12 | 7:45 | 10 | 10:02 | 65 | 10:33 | 6.50 | 48:19 | 7:26 | 10 | 18:21 | 63 | 19:48 | |
| □□ 3 | 3.25 | 26:43 | 8:13 | 10 | 11:15 | 64 | 12:00 | 9.75 | 1:15:02 | 7:41 | 10 | 29:36 | 64 | 31:45 | |
| □□ 4 | 3.25 | 25:57 | 7:59 | 10 | 10:24 | 63 | 11:04 | 13.00 | 1:40:59 | 7:46 | 10 | 40:00 | 63 | 42:49 | |
| □□ 5 | 3.25 | 25:44 | 7:55 | 10 | 10:23 | 61 | 10:40 | 16.25 | 2:06:43 | 7:47 | 10 | 50:23 | 62 | 53:29 | |
| □□ 6 | 3.25 | 26:54 | 8:16 | 10 | 11:27 | 61 | 11:46 | 19.50 | 2:33:37 | 7:52 | 10 | 1:01:50 | 63 | 1:05:15 | |
| □□□ □□ | 3.25 | 28:58 | 8:54 | 10 | 13:47 | 63 | 14:27 | 22.75 | 3:02:35 | 8:01 | 10 | 1:15:37 | 63 | 1:19:42 | |