



13. Kristall-Marathon

Merkers / 17.02.2019

0000

Hoffmann, Christian

00: adidas Trail Runners Jena

00: 685

00: 42.25 km

Marathon

0000:

Senioren M35 (35-39 Jahre)

000: 3:19:13

00: 12.65 km/h

0000: 4:43 min/km

00000/0000: 13 (of 193)

00000/0: 13 (of 161)

000000: 2:49:28

00000: 5(of 27)

0000000: 2:58:14

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	14:23	4:25	8	2:33	17	2:33	3.25	14:23	4:25	8	2:33	17	2:33
00 2	3.25	15:50	4:52	13	3:23	40	3:23	6.50	30:13	4:38	12	5:56	32	5:56
00 3	3.25	16:04	4:56	13	3:20	40	3:33	9.75	46:17	4:44	12	9:16	33	9:29
00 4	3.25	16:46	5:09	14	3:38	53	4:01	13.00	1:03:03	4:50	12	12:54	36	13:30
00 5	3.25	17:52	5:29	19	4:17	78	4:58	16.25	1:20:55	4:58	14	16:48	43	18:28
00 6	3.25	14:46	4:32	6	1:09	13	14:45	19.50	1:35:41	4:54	12	17:01	35	22:04
00 7	3.25	14:58	4:36	6	1:05	14	1:37	22.75	1:50:39	4:51	12	17:11	31	22:45
00 8	3.25	14:38	4:30	4	0:15	10	14:37	26.00	2:05:17	4:49	12	17:15	30	37:22
00 9	3.25	15:07	4:39	4	0:50	10	1:48	29.25	2:20:24	4:47	12	18:05	29	37:26
00 10	3.25	14:48	4:33	2	0:58	6	1:21	32.50	2:35:12	4:46	10	19:03	25	36:21
00 11	3.25	14:49	4:33	2	1:01	6	1:41	35.75	2:50:01	4:45	9	20:04	22	34:25
00 12	3.25	14:58	4:36	2	0:32	5	1:45	39.00	3:04:59	4:44	6	20:36	16	32:07
000 00	3.25	14:14	4:22	2	0:23	5	1:09	42.25	3:19:13	4:42	5	20:59	13	29:45