



13. Kristall-Marathon

Merkers / 17.02.2019

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Laville, Hervé

□□: Münsingen

□□: 722

□□: 42.25 km

Marathon

□□□□:

Männer (20-29 Jahre)

□□□: 3:21:46

□□: 12.56 km/h

□□□□: 4:47 min/km

□□□□□/□□□: 18 (of 193)

□□□□□/□: 18 (of 161)

□□□□□□: 2:49:28

□□□□□: 5(of 9)

□□□□□□□: 2:49:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	14:35	4:29	5	2:45	22	2:45	3.25	14:35	4:29	5	2:45	22	2:45
□□ 2	3.25	15:00	4:36	5	2:33	25	2:33	6.50	29:35	4:33	5	5:18	23	5:18
□□ 3	3.25	14:45	4:32	5	2:14	18	2:14	9.75	44:20	4:32	5	7:32	23	7:32
□□ 4	3.25	14:47	4:32	4	2:02	14	2:02	13.00	59:07	4:32	4	9:34	20	9:34
□□ 5	3.25	15:22	4:43	6	2:28	26	2:28	16.25	1:14:29	4:35	5	12:02	21	12:02
□□ 6	3.25	15:06	4:38	5	2:06	16	15:05	19.50	1:29:35	4:35	5	14:08	21	15:58
□□ 7	3.25	15:05	4:38	4	1:44	16	1:44	22.75	1:44:40	4:36	5	15:52	21	16:46
□□ 8	3.25	15:35	4:47	5	2:16	19	15:34	26.00	2:00:15	4:37	5	18:08	20	32:20
□□ 9	3.25	15:56	4:54	4	2:37	19	2:37	29.25	2:16:11	4:39	4	20:45	18	33:13
□□ 10	3.25	16:33	5:05	5	3:06	22	3:06	32.50	2:32:44	4:41	4	23:51	17	33:53
□□ 11	3.25	16:03	4:56	5	2:55	14	2:55	35.75	2:48:47	4:43	4	26:21	17	33:11
□□ 12	3.25	16:31	5:04	5	3:18	14	3:18	39.00	3:05:18	4:45	5	28:55	19	32:26
□□□ □□	3.25	16:28	5:03	5	3:23	16	3:23	42.25	3:21:46	4:46	5	32:18	18	32:18