



# 13. Kristall-Marathon

Merkers / 17.02.2019

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Fischer, Sven

□□: Team Icehouse e.V.

□□: 647

□□: 42.25 km

Marathon

□□□□:

Senioren M40 (40-44 Jahre)

□□□: 3:27:51

□□: 12.20 km/h

□□□□: 4:55 min/km

□□□□□/□□□: 24 (of 193)

□□□□□/□: 24 (of 161)

□□□□□□: 2:49:28

□□□□□: 3(of 28)

□□□□□□□: 2:57:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	14:36	4:29	4	2:25	23	2:46	3.25	14:36	4:29	4	2:25	23	2:46	
□□ 2	3.25	14:41	4:31	3	2:09	18	2:14	6.50	29:17	4:30	4	4:34	18	5:00	
□□ 3	3.25	14:52	4:34	3	2:07	21	2:21	9.75	44:09	4:31	4	6:41	20	7:21	
□□ 4	3.25	15:05	4:38	4	2:15	22	2:20	13.00	59:14	4:33	4	8:56	21	9:41	
□□ 5	3.25	15:17	4:42	4	2:18	24	2:23	16.25	1:14:31	4:35	4	11:14	23	12:04	
□□ 6	3.25	15:20	4:43	3	15:19	23	15:19	19.50	1:29:51	4:36	4	16:14	23	16:14	
□□ 7	3.25	15:37	4:48	3	2:11	23	2:16	22.75	1:45:28	4:38	4	17:34	23	17:34	
□□ 8	3.25	16:10	4:58	3	16:09	29	16:09	26.00	2:01:38	4:40	4	33:43	26	33:43	
□□ 9	3.25	16:16	5:00	3	2:06	24	2:57	29.25	2:17:54	4:42	3	34:56	25	34:56	
□□ 10	3.25	17:04	5:15	3	2:38	29	3:37	32.50	2:34:58	4:46	3	36:07	24	36:07	
□□ 11	3.25	17:11	5:17	3	2:08	24	4:03	35.75	2:52:09	4:48	3	36:33	24	36:33	
□□ 12	3.25	17:54	5:30	4	2:20	30	4:41	39.00	3:10:03	4:52	3	37:11	24	37:11	
□□□ □□	3.25	17:48	5:28	4	2:35	32	4:43	42.25	3:27:51	4:55	3	30:02	24	38:23	