



13. Kristall-Marathon

Merkers / 17.02.2019

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Fink, Georg

□□: LANDAU RUNNING COMPANY

□□: 644

□□: 42.25 km

Marathon

□□□□:

Senioren M55 (55-59 Jahre)

□□□: 3:36:40

□□: 11.63 km/h

□□□□: 5:08 min/km

□□□□□/□□□□: 32 (of 193)

□□□□□/□: 32 (of 161)

□□□□□□: 2:49:28

□□□□□: 1(of 20)

□□□□□□□: 3:36:40

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	15:49	4:51	2	0:30	43	3:59	3.25	15:49	4:51	2	0:30	43	3:59	
□□ 2	3.25	16:47	5:09	2	0:31	62	4:20	6.50	32:36	5:00	2	1:01	50	8:19	
□□ 3	3.25	15:23	4:44	1	-	29	2:52	9.75	47:59	4:55	1	-	42	11:11	
□□ 4	3.25	15:34	4:47	1	-	30	2:49	13.00	1:03:33	4:53	1	-	39	14:00	
□□ 5	3.25	15:39	4:48	1	-	31	2:45	16.25	1:19:12	4:52	1	-	34	16:45	
□□ 6	3.25	15:48	4:51	1	-	32	15:47	19.50	1:35:00	4:52	1	-	32	21:23	
□□ 7	3.25	16:01	4:55	1	-	32	2:40	22.75	1:51:01	4:52	1	-	33	23:07	
□□ 8	3.25	15:53	4:53	1	-	22	15:52	26.00	2:06:54	4:52	1	-	32	38:59	
□□ 9	3.25	16:15	5:00	1	-	23	2:56	29.25	2:23:09	4:53	1	-	32	40:11	
□□ 10	3.25	16:59	5:13	1	-	28	3:32	32.50	2:40:08	4:55	1	-	32	41:17	
□□ 11	3.25	18:12	5:35	1	-	37	5:04	35.75	2:58:20	4:59	1	-	32	42:44	
□□ 12	3.25	18:44	5:45	1	-	41	5:31	39.00	3:17:04	5:03	1	-	32	44:12	
□□□ □□	3.25	19:36	6:01	6	1:57	70	6:31	42.25	3:36:40	5:07	1	-	32	47:12	