



13. Kristall-Marathon

Merkers / 17.02.2019

0000

Fischer, Torsten

00: Fishguin

00: 646

00: 42.25 km

Marathon

0000:

Senioren M40 (40-44 Jahre)

000: 3:42:17

00: 11.40 km/h

0000: 5:16 min/km

00000/000: 39 (of 193)

00000/0: 39 (of 161)

000000: 2:49:28

00000: 6(of 28)

0000000: 2:57:49

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	16:13	4:59	7	4:02	55	4:23	3.25	16:13	4:59	7	4:02	55	4:23
00 2	3.25	15:11	4:40	6	2:39	32	2:44	6.50	31:24	4:49	6	6:41	37	7:07
00 3	3.25	15:35	4:47	5	2:50	31	3:04	9.75	46:59	4:49	6	9:31	36	10:11
00 4	3.25	16:01	4:55	5	3:11	36	3:16	13.00	1:03:00	4:50	6	12:42	35	13:27
00 5	3.25	16:17	5:00	5	3:18	35	3:23	16.25	1:19:17	4:52	6	16:00	35	16:50
00 6	3.25	16:38	5:07	6	16:37	42	16:37	19.50	1:35:55	4:55	6	22:18	37	22:18
00 7	3.25	17:07	5:15	7	3:41	47	3:46	22.75	1:53:02	4:58	6	25:08	36	25:08
00 8	3.25	17:18	5:19	5	17:17	40	17:17	26.00	2:10:20	5:00	5	42:25	35	42:25
00 9	3.25	17:45	5:27	5	3:35	40	4:26	29.25	2:28:05	5:03	5	45:07	36	45:07
00 10	3.25	18:13	5:36	6	3:47	43	4:46	32.50	2:46:18	5:07	5	47:27	36	47:27
00 11	3.25	18:29	5:41	6	3:26	39	5:21	35.75	3:04:47	5:10	6	49:11	40	49:11
00 12	3.25	18:41	5:44	7	3:07	40	5:28	39.00	3:23:28	5:13	6	50:36	39	50:36
000 00	3.25	18:49	5:47	6	3:36	46	5:44	42.25	3:42:17	5:15	6	44:28	39	52:49