



# 13. Kristall-Marathon

Merkers / 17.02.2019

0000

Kretzschmar, Manfred

00: Ichtershausen

00: 716

00: 42.25 km

Marathon

0000:

Senioren M65 (65-69 Jahre)

000: 3:47:38

00: 11.14 km/h

0000: 5:23 min/km

00000/0000: 46 (of 193)

00000/0: 44 (of 161)

000000: 2:49:28

00000: 1(of 2)

0000000: 3:47:38

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	16:11	4:58	1	-	53	4:21	3.25	16:11	4:58	1	-	53	4:21
00 2	3.25	16:03	4:56	1	-	42	3:36	6.50	32:14	4:57	1	-	46	7:57
00 3	3.25	16:10	4:58	1	-	42	3:39	9.75	48:24	4:57	1	-	44	11:36
00 4	3.25	16:28	5:03	1	-	49	3:43	13.00	1:04:52	4:59	1	-	45	15:19
00 5	3.25	16:48	5:10	1	-	49	3:54	16.25	1:21:40	5:01	1	-	45	19:13
00 6	3.25	16:50	5:10	1	-	50	16:49	19.50	1:38:30	5:03	1	-	45	24:53
00 7	3.25	17:02	5:14	1	-	45	3:41	22.75	1:55:32	5:04	1	-	43	27:38
00 8	3.25	17:29	5:22	1	-	43	17:28	26.00	2:13:01	5:06	1	-	44	45:06
00 9	3.25	18:37	5:43	1	-	59	5:18	29.25	2:31:38	5:11	1	-	46	48:40
00 10	3.25	18:17	5:37	1	-	44	4:50	32.50	2:49:55	5:13	1	-	47	51:04
00 11	3.25	19:28	5:59	1	-	58	6:20	35.75	3:09:23	5:17	1	-	46	53:47
00 12	3.25	19:35	6:01	1	-	63	6:22	39.00	3:28:58	5:21	1	-	44	56:06
000 00	3.25	18:40	5:44	1	-	44	5:35	42.25	3:47:38	5:23	1	-	44	58:10