



# 13. Kristall-Marathon

Merkers / 17.02.2019

0000

Hoffmann, Ingo

00: Schleusingen

00: 684

00: 42.25 km

Marathon

0000:

Senioren M50 (50-54 Jahre)

000: 3:50:45

00: 10.92 km/h

0000: 5:28 min/km

00000/0000: 52 (of 193)

00000/0: 50 (of 161)

000000: 2:49:28

00000: 9(of 35)

0000000: 3:16:40

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	16:11	4:58	10	1:27	53	4:21	3.25	16:11	4:58	10	1:27	53	4:21
00 2	3.25	16:40	5:07	11	2:04	59	4:13	6.50	32:51	5:03	10	3:22	53	8:34
00 3	3.25	16:46	5:09	8	2:02	55	4:15	9.75	49:37	5:05	10	5:24	53	12:49
00 4	3.25	16:58	5:13	8	2:11	56	4:13	13.00	1:06:35	5:07	9	7:35	54	17:02
00 5	3.25	16:53	5:11	8	2:13	53	3:59	16.25	1:23:28	5:08	8	9:48	53	21:01
00 6	3.25	17:04	5:15	8	2:31	55	17:03	19.50	1:40:32	5:09	8	12:19	53	26:55
00 7	3.25	17:20	5:19	8	2:53	51	3:59	22.75	1:57:52	5:10	8	15:12	53	29:58
00 8	3.25	17:34	5:24	7	3:08	45	17:33	26.00	2:15:26	5:12	9	18:20	52	47:31
00 9	3.25	17:51	5:29	7	2:55	43	4:32	29.25	2:33:17	5:14	8	21:15	52	50:19
00 10	3.25	18:33	5:42	9	3:13	48	5:06	32.50	2:51:50	5:17	7	24:28	49	52:59
00 11	3.25	19:16	5:55	13	3:33	54	6:08	35.75	3:11:06	5:20	7	27:54	49	55:30
00 12	3.25	20:12	6:12	15	4:49	72	6:59	39.00	3:31:18	5:25	9	31:44	50	58:26
000 00	3.25	19:27	5:59	12	4:16	64	6:22	42.25	3:50:45	5:27	9	34:05	50	1:01:17