



# 13. Kristall-Marathon

Merkers / 17.02.2019

□□□□

Hoffmann, Ingo

□□: Schleusingen

□□: 684

□□: 42.25 km

Marathon

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 3:50:45

□□: 10.99 km/h

□□□□: 5:28 min/km

□□□□□/□□□: 52 (of 193)

□□□□□/□: 50 (of 161)

□□□□□□: 2:49:28

□□□□□: 9(of 35)

□□□□□□□: 3:16:40

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	16:11	4:58	10	1:27	53	4:21	3.25	16:11	4:58	10	1:27	53	4:21	
□□ 2	3.25	16:40	5:07	11	2:04	59	4:13	6.50	32:51	5:03	10	3:22	53	8:34	
□□ 3	3.25	16:46	5:09	8	2:02	55	4:15	9.75	49:37	5:05	10	5:24	53	12:49	
□□ 4	3.25	16:58	5:13	8	2:11	56	4:13	13.00	1:06:35	5:07	9	7:35	54	17:02	
□□ 5	3.25	16:53	5:11	8	2:13	53	3:59	16.25	1:23:28	5:08	8	9:48	53	21:01	
□□ 6	3.25	17:04	5:15	8	2:31	55	17:03	19.50	1:40:32	5:09	8	12:19	53	26:55	
□□ 7	3.25	17:20	5:19	8	2:53	51	3:59	22.75	1:57:52	5:10	8	15:12	53	29:58	
□□ 8	3.25	17:34	5:24	7	3:08	45	17:33	26.00	2:15:26	5:12	9	18:20	52	47:31	
□□ 9	3.25	17:51	5:29	7	2:55	43	4:32	29.25	2:33:17	5:14	8	21:15	52	50:19	
□□ 10	3.25	18:33	5:42	9	3:13	48	5:06	32.50	2:51:50	5:17	7	24:28	49	52:59	
□□ 11	3.25	19:16	5:55	13	3:33	54	6:08	35.75	3:11:06	5:20	7	27:54	49	55:30	
□□ 12	3.25	20:12	6:12	15	4:49	72	6:59	39.00	3:31:18	5:25	9	31:44	50	58:26	
□□□ □□	3.25	19:27	5:59	12	4:16	64	6:22	42.25	3:50:45	5:27	9	34:05	50	1:01:17	