



13. Kristall-Marathon

Merkers / 17.02.2019

0000

Sültz, Mareike

00: TV Urbar

00: 825

00: 42.25 km

Marathon

0000:

Seniorinnen W30 (30-34 Jahre)

000: 3:51:11

00: 10.97 km/h

0000: 5:28 min/km

00000/000: 54 (of 193)

00000/0: 3 (of 32)

000000: 3:42:42

00000: 1(of 3)

0000000: 3:51:11

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|--------|------|-------|--------|----|----|----|------|-------|---------|--------|----|----|----|------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| 00 1 | 3.25 | 15:49 | 4:51 | 1 | - | 2 | 1:26 | 3.25 | 15:49 | 4:51 | 1 | - | 2 | 1:26 |
| 00 2 | 3.25 | 16:19 | 5:01 | 1 | - | 3 | 0:29 | 6.50 | 32:08 | 4:56 | 1 | - | 2 | 1:55 |
| 00 3 | 3.25 | 16:33 | 5:05 | 1 | - | 3 | 0:30 | 9.75 | 48:41 | 4:59 | 1 | - | 3 | 2:25 |
| 00 4 | 3.25 | 16:58 | 5:13 | 1 | - | 3 | 0:32 | 13.00 | 1:05:39 | 5:03 | 1 | - | 3 | 2:36 |
| 00 5 | 3.25 | 17:10 | 5:16 | 1 | - | 3 | 0:35 | 16.25 | 1:22:49 | 5:05 | 1 | - | 3 | 1:54 |
| 00 6 | 3.25 | 17:10 | 5:16 | 1 | - | 2 | 0:20 | 19.50 | 1:39:59 | 5:07 | 1 | - | 3 | 1:47 |
| 00 7 | 3.25 | 17:21 | 5:20 | 1 | - | 2 | 0:26 | 22.75 | 1:57:20 | 5:09 | 1 | - | 2 | 2:13 |
| 00 8 | 3.25 | 18:03 | 5:33 | 1 | - | 4 | 0:45 | 26.00 | 2:15:23 | 5:12 | 1 | - | 2 | 2:58 |
| 00 9 | 3.25 | 19:04 | 5:51 | 1 | - | 5 | 1:22 | 29.25 | 2:34:27 | 5:16 | 1 | - | 2 | 4:20 |
| 00 10 | 3.25 | 19:03 | 5:51 | 1 | - | 5 | 1:02 | 32.50 | 2:53:30 | 5:20 | 1 | - | 3 | 5:22 |
| 00 11 | 3.25 | 18:33 | 5:42 | 1 | - | 4 | 0:50 | 35.75 | 3:12:03 | 5:22 | 1 | - | 3 | 5:44 |
| 00 12 | 3.25 | 19:20 | 5:56 | 1 | - | 7 | 1:42 | 39.00 | 3:31:23 | 5:25 | 1 | - | 3 | 6:43 |
| 000 00 | 3.25 | 19:48 | 6:05 | 1 | - | 11 | 2:33 | 42.25 | 3:51:11 | 5:28 | 1 | - | 3 | 8:29 |