



13. Kristall-Marathon

Merkers / 17.02.2019

□□□□

Seel, Jana

□□: Adidas Trailrunners Jena

□□: 807

□□: 42.25 km

Marathon

□□□□:

Frauen (20-29 Jahre)

□□□: 3:51:37

□□: 10.94 km/h

□□□□: 5:29 min/km

□□□□□/□□□□: 56 (of 193)

□□□□□□/□: 4 (of 32)

□□□□□□: 3:42:42

□□□□□: 1(of 3)

□□□□□□□: 3:51:37

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□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|--------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| □□ 1 | 3.25 | 14:23 | 4:25 | 1 | - | 1 | - | 3.25 | 14:23 | 4:25 | 1 | - | 1 | - | |
| □□ 2 | 3.25 | 15:50 | 4:52 | 1 | - | 1 | - | 6.50 | 30:13 | 4:38 | 1 | - | 1 | - | |
| □□ 3 | 3.25 | 16:03 | 4:56 | 1 | - | 1 | - | 9.75 | 46:16 | 4:44 | 1 | - | 1 | - | |
| □□ 4 | 3.25 | 16:47 | 5:09 | 1 | - | 2 | 0:21 | 13.00 | 1:03:03 | 4:50 | 1 | - | 1 | - | |
| □□ 5 | 3.25 | 17:52 | 5:29 | 1 | - | 5 | 1:17 | 16.25 | 1:20:55 | 4:58 | 1 | - | 1 | - | |
| □□ 6 | 3.25 | 18:37 | 5:43 | 1 | - | 6 | 1:47 | 19.50 | 1:39:32 | 5:06 | 1 | - | 2 | 1:20 | |
| □□ 7 | 3.25 | 19:09 | 5:53 | 1 | - | 9 | 2:14 | 22.75 | 1:58:41 | 5:13 | 1 | - | 3 | 3:34 | |
| □□ 8 | 3.25 | 19:51 | 6:06 | 1 | - | 13 | 2:33 | 26.00 | 2:18:32 | 5:19 | 1 | - | 4 | 6:07 | |
| □□ 9 | 3.25 | 19:06 | 5:52 | 1 | - | 6 | 1:24 | 29.25 | 2:37:38 | 5:23 | 1 | - | 4 | 7:31 | |
| □□ 10 | 3.25 | 19:30 | 6:00 | 1 | - | 7 | 1:29 | 32.50 | 2:57:08 | 5:27 | 1 | - | 4 | 9:00 | |
| □□ 11 | 3.25 | 18:50 | 5:47 | 1 | - | 6 | 1:07 | 35.75 | 3:15:58 | 5:28 | 1 | - | 4 | 9:39 | |
| □□ 12 | 3.25 | 17:38 | 5:25 | 1 | - | 1 | - | 39.00 | 3:33:36 | 5:28 | 1 | - | 4 | 8:56 | |
| □□□ □□ | 3.25 | 18:01 | 5:32 | 1 | - | 4 | 0:46 | 42.25 | 3:51:37 | 5:28 | 1 | - | 4 | 8:55 | |