



13. Kristall-Marathon

Merkers / 17.02.2019

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Schütze, Henrik

□□: Ehepaar Schütze

□□: 804

□□: 42.25 km

Marathon

□□□□:

Senioren M40 (40-44 Jahre)

□□□: 3:51:43

□□: 10.94 km/h

□□□□: 5:29 min/km

□□□□□/□□□: 57 (of 193)

□□□□□/□: 53 (of 161)

□□□□□□: 2:49:28

□□□□□: 8(of 28)

□□□□□□□: 2:57:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	17:41	5:26	15	5:30	83	5:51	3.25	17:41	5:26	15	5:30	83	5:51
□□ 2	3.25	17:12	5:17	12	4:40	78	4:45	6.50	34:53	5:21	14	10:10	85	10:36
□□ 3	3.25	17:08	5:16	10	4:23	69	4:37	9.75	52:01	5:20	11	14:33	79	15:13
□□ 4	3.25	17:10	5:16	9	4:20	64	4:25	13.00	1:09:11	5:19	10	18:53	71	19:38
□□ 5	3.25	17:05	5:15	11	4:06	58	4:11	16.25	1:26:16	5:18	10	22:59	66	23:49
□□ 6	3.25	17:47	5:28	11	17:46	70	17:46	19.50	1:44:03	5:20	10	30:26	66	30:26
□□ 7	3.25	17:50	5:29	10	4:24	63	4:29	22.75	2:01:53	5:21	10	33:59	66	33:59
□□ 8	3.25	18:18	5:37	11	18:17	62	18:17	26.00	2:20:11	5:23	10	52:16	65	52:16
□□ 9	3.25	18:08	5:34	8	3:58	47	4:49	29.25	2:38:19	5:24	10	55:21	63	55:21
□□ 10	3.25	18:23	5:39	7	3:57	45	4:56	32.50	2:56:42	5:26	10	57:51	62	57:51
□□ 11	3.25	18:08	5:34	5	3:05	36	5:00	35.75	3:14:50	5:26	8	59:14	58	59:14
□□ 12	3.25	18:28	5:40	6	2:54	36	5:15	39.00	3:33:18	5:28	8	1:00:26	55	1:00:26
□□□ □□	3.25	18:25	5:40	5	3:12	39	5:20	42.25	3:51:43	5:29	8	53:54	53	1:02:15