



13. Kristall-Marathon

Merkers / 17.02.2019

□□□□

Schenke, Jörg

□□: Saalfelder LV

□□: 790

□□: 42.25 km

Marathon

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 3:54:30

□□: 10.75 km/h

□□□□: 5:33 min/km

□□□□□/□□□: 61 (of 193)

□□□□□/□: 57 (of 161)

□□□□□□: 2:49:28

□□□□□: 11(of 35)

□□□□□□□: 3:16:40

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|--------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| □□ 1 | 3.25 | 16:26 | 5:03 | 11 | 1:42 | 58 | 4:36 | 3.25 | 16:26 | 5:03 | 11 | 1:42 | 58 | 4:36 | |
| □□ 2 | 3.25 | 16:35 | 5:06 | 10 | 1:59 | 57 | 4:08 | 6.50 | 33:01 | 5:04 | 11 | 3:32 | 57 | 8:44 | |
| □□ 3 | 3.25 | 16:59 | 5:13 | 12 | 2:15 | 63 | 4:28 | 9.75 | 50:00 | 5:07 | 11 | 5:47 | 58 | 13:12 | |
| □□ 4 | 3.25 | 17:13 | 5:17 | 13 | 2:26 | 67 | 4:28 | 13.00 | 1:07:13 | 5:10 | 11 | 8:13 | 60 | 17:40 | |
| □□ 5 | 3.25 | 17:08 | 5:16 | 9 | 2:28 | 59 | 4:14 | 16.25 | 1:24:21 | 5:11 | 10 | 10:41 | 57 | 21:54 | |
| □□ 6 | 3.25 | 17:11 | 5:17 | 10 | 2:38 | 57 | 17:10 | 19.50 | 1:41:32 | 5:12 | 9 | 13:19 | 56 | 27:55 | |
| □□ 7 | 3.25 | 17:28 | 5:22 | 11 | 3:01 | 56 | 4:07 | 22.75 | 1:59:00 | 5:13 | 10 | 16:20 | 56 | 31:06 | |
| □□ 8 | 3.25 | 17:57 | 5:31 | 9 | 3:31 | 54 | 17:56 | 26.00 | 2:16:57 | 5:16 | 10 | 19:51 | 57 | 49:02 | |
| □□ 9 | 3.25 | 18:39 | 5:44 | 11 | 3:43 | 60 | 5:20 | 29.25 | 2:35:36 | 5:19 | 10 | 23:34 | 56 | 52:38 | |
| □□ 10 | 3.25 | 18:47 | 5:46 | 10 | 3:27 | 52 | 5:20 | 32.50 | 2:54:23 | 5:21 | 11 | 27:01 | 56 | 55:32 | |
| □□ 11 | 3.25 | 19:33 | 6:00 | 14 | 3:50 | 62 | 6:25 | 35.75 | 3:13:56 | 5:25 | 11 | 30:44 | 56 | 58:20 | |
| □□ 12 | 3.25 | 20:09 | 6:11 | 14 | 4:46 | 70 | 6:56 | 39.00 | 3:34:05 | 5:29 | 11 | 34:31 | 56 | 1:01:13 | |
| □□□ □□ | 3.25 | 20:25 | 6:16 | 17 | 5:14 | 81 | 7:20 | 42.25 | 3:54:30 | 5:33 | 11 | 37:50 | 57 | 1:05:02 | |