



13. Kristall-Marathon

Merkers / 17.02.2019

0000

Pfauser, Daniel

00: Mühlhausen

00: 760

00: 42.25 km

Marathon

0000:

Senioren M40 (40-44 Jahre)

000: 3:55:05

00: 10.78 km/h

0000: 5:34 min/km

00000/000: 63 (of 193)

00000/0: 59 (of 161)

000000: 2:49:28

00000: 10(of 28)

0000000: 2:57:49

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	17:56	5:31	16	5:45	87	6:06	3.25	17:56	5:31	16	5:45	87	6:06
00 2	3.25	16:53	5:11	9	4:21	67	4:26	6.50	34:49	5:21	13	10:06	82	10:32
00 3	3.25	17:29	5:22	13	4:44	76	4:58	9.75	52:18	5:21	12	14:50	81	15:30
00 4	3.25	17:10	5:16	9	4:20	64	4:25	13.00	1:09:28	5:20	12	19:10	76	19:55
00 5	3.25	16:51	5:11	9	3:52	51	3:57	16.25	1:26:19	5:18	11	23:02	67	23:52
00 6	3.25	16:47	5:09	8	16:46	47	16:46	19.50	1:43:06	5:17	9	29:29	62	29:29
00 7	3.25	16:48	5:10	6	3:22	42	3:27	22.75	1:59:54	5:16	9	32:00	62	32:00
00 8	3.25	18:05	5:33	10	18:04	58	18:04	26.00	2:17:59	5:18	9	50:04	61	50:04
00 9	3.25	18:41	5:44	11	4:31	64	5:22	29.25	2:36:40	5:21	9	53:42	60	53:42
00 10	3.25	18:59	5:50	9	4:33	56	5:32	32.50	2:55:39	5:24	9	56:48	59	56:48
00 11	3.25	19:52	6:06	10	4:49	68	6:44	35.75	3:15:31	5:28	9	59:55	59	59:55
00 12	3.25	20:09	6:11	9	4:35	70	6:56	39.00	3:35:40	5:31	9	1:02:48	61	1:02:48
000 00	3.25	19:25	5:58	8	4:12	62	6:20	42.25	3:55:05	5:33	10	57:16	59	1:05:37