



13. Kristall-Marathon

Merkers / 17.02.2019

0000

Gasa, Carola

00: SV Mihla

00: 658

00: 42.25 km

Marathon

0000:

Seniorinnen W55 (55-59 Jahre)

000: 3:55:15

00: 10.78 km/h

0000: 5:34 min/km

00000/000: 64 (of 193)

00000/0: 5 (of 32)

000000: 3:42:42

00000: 1(of 7)

0000000: 3:55:15

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	18:13	5:36	3	0:39	10	3:50	3.25	18:13	5:36	3	0:39	10	3:50
00 2	3.25	18:18	5:37	2	0:22	11	2:28	6.50	36:31	5:37	2	1:01	10	6:18
00 3	3.25	18:53	5:48	3	0:38	15	2:50	9.75	55:24	5:40	3	1:39	13	9:08
00 4	3.25	18:05	5:33	1	-	6	1:39	13.00	1:13:29	5:39	2	1:16	12	10:26
00 5	3.25	18:06	5:34	1	-	6	1:31	16.25	1:31:35	5:38	1	-	9	10:40
00 6	3.25	17:34	5:24	1	-	4	0:44	19.50	1:49:09	5:35	1	-	8	10:57
00 7	3.25	17:56	5:31	1	-	3	1:01	22.75	2:07:05	5:35	1	-	6	11:58
00 8	3.25	17:51	5:29	1	-	3	0:33	26.00	2:24:56	5:34	1	-	6	12:31
00 9	3.25	18:01	5:32	1	-	3	0:19	29.25	2:42:57	5:34	1	-	6	12:50
00 10	3.25	18:07	5:34	1	-	3	0:06	32.50	3:01:04	5:34	1	-	6	12:56
00 11	3.25	17:43	5:27	1	-	1	-	35.75	3:18:47	5:33	1	-	5	12:28
00 12	3.25	18:33	5:42	1	-	4	0:55	39.00	3:37:20	5:34	1	-	5	12:40
000 00	3.25	17:55	5:30	1	-	3	0:40	42.25	3:55:15	5:34	1	-	5	12:33