



13. Kristall-Marathon

Merkers / 17.02.2019

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Rubarth, Wolfgang

00: SKV Mörfelden Team MöWathlon

00: 780

00: 42.25 km

Marathon

0000:

Senioren M60 (60-64 Jahre)

000: 3:55:15

00: 10.78 km/h

0000: 5:34 min/km

00000/0000: 65 (of 193)

00000/0: 60 (of 161)

000000: 2:49:28

00000: 1(of 7)

0000000: 3:55:15

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	17:40	5:26	2	1:33	82	5:50	3.25	17:40	5:26	2	1:33	82	5:50
00 2	3.25	16:34	5:05	1	-	55	4:07	6.50	34:14	5:15	2	0:53	73	9:57
00 3	3.25	16:50	5:10	1	-	60	4:19	9.75	51:04	5:14	1	-	66	14:16
00 4	3.25	17:11	5:17	1	-	66	4:26	13.00	1:08:15	5:15	1	-	64	18:42
00 5	3.25	17:15	5:18	1	-	63	4:21	16.25	1:25:30	5:15	1	-	64	23:03
00 6	3.25	17:38	5:25	1	-	68	17:37	19.50	1:43:08	5:17	1	-	64	29:31
00 7	3.25	17:51	5:29	1	-	64	4:30	22.75	2:00:59	5:19	1	-	64	33:05
00 8	3.25	17:58	5:31	1	-	55	17:57	26.00	2:18:57	5:20	1	-	62	51:02
00 9	3.25	18:40	5:44	1	-	62	5:21	29.25	2:37:37	5:23	1	-	61	54:39
00 10	3.25	18:55	5:49	1	-	54	5:28	32.50	2:56:32	5:25	1	-	61	57:41
00 11	3.25	19:52	6:06	1	-	68	6:44	35.75	3:16:24	5:29	1	-	62	1:00:48
00 12	3.25	19:10	5:53	1	-	49	5:57	39.00	3:35:34	5:31	1	-	60	1:02:42
000 00	3.25	19:41	6:03	1	-	72	6:36	42.25	3:55:15	5:34	1	-	60	1:05:47