



13. Kristall-Marathon

Merkers / 17.02.2019

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Sitterli, Andreas

□□: TV Hasperbach

□□: 811

□□: 42.25 km

Marathon

□□□□:

Senioren M30 (30-34 Jahre)

□□□: 3:56:01

□□: 10.68 km/h

□□□□: 5:35 min/km

□□□□□/□□□□: 67 (of 193)

□□□□□/□: 62 (of 161)

□□□□□□: 2:49:28

□□□□□: 9(of 10)

□□□□□□□: 3:12:41

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	15:48	4:51	7	2:31	41	3:58	3.25	15:48	4:51	7	2:31	41	3:58	
□□ 2	3.25	16:13	4:59	6	2:29	44	3:46	6.50	32:01	4:55	6	5:00	43	7:44	
□□ 3	3.25	16:10	4:58	6	1:56	42	3:39	9.75	48:11	4:56	6	6:56	43	11:23	
□□ 4	3.25	16:26	5:03	8	1:59	47	3:41	13.00	1:04:37	4:58	7	8:55	44	15:04	
□□ 5	3.25	16:50	5:10	10	2:11	50	3:56	16.25	1:21:27	5:00	7	10:40	44	19:00	
□□ 6	3.25	16:52	5:11	8	16:51	51	16:51	19.50	1:38:19	5:02	7	24:39	44	24:42	
□□ 7	3.25	17:54	5:30	10	3:21	66	4:33	22.75	1:56:13	5:06	9	28:00	49	28:19	
□□ 8	3.25	17:33	5:24	8	3:06	44	17:32	26.00	2:13:46	5:08	9	31:06	47	45:51	
□□ 9	3.25	17:49	5:28	6	3:23	42	4:30	29.25	2:31:35	5:10	8	34:29	45	48:37	
□□ 10	3.25	20:28	6:17	9	6:16	90	7:01	32.50	2:52:03	5:17	9	40:45	50	53:12	
□□ 11	3.25	20:11	6:12	9	5:29	81	7:03	35.75	3:12:14	5:22	9	46:14	52	56:38	
□□ 12	3.25	22:31	6:55	9	7:03	105	9:18	39.00	3:34:45	5:30	10	53:17	58	1:01:53	
□□□ □□	3.25	21:16	6:32	8	4:47	96	8:11	42.25	3:56:01	5:35	9	43:20	62	1:06:33	