



# 13. Kristall-Marathon

Merkers / 17.02.2019

0000

Koch, Jennifer

00: Mulfingen

00: 125

00: 9.75 km

10 km Lauf

0000:

Seniorinnen W40 (40-44 Jahre)

000: 49:04

00: 11.92 km/h

0000: 5:02 min/km

00000/000: 54 (of 246)

00000/0: 11 (of 98)

000000: 42:01

00000: 4(of 17)

0000000: 46:36

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	15:40	4:49	4	0:51	11	8:09	3.25	15:40	4:49	4	0:51	11	8:09
00 2	3.25	16:49	5:10	4	1:14	11	2:48	6.50	32:29	4:59	4	2:05	10	4:57
000 00	3.25	16:35	5:06	4	0:36	10	2:30	9.75	49:04	5:01	4	2:28	11	7:03