



13. Kristall-Marathon

Merkers / 17.02.2019

0000

Fischer, Sebastian

00: Schleusingen

00: 648

00: 42.25 km

Marathon

0000:

Senioren M35 (35-39 Jahre)

000: 3:57:28

00: 10.68 km/h

0000: 5:37 min/km

00000/0000: 71 (of 193)

00000/0: 66 (of 161)

000000: 2:49:28

00000: 16(of 27)

0000000: 2:58:14

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	17:06	5:15	16	5:16	71	5:16	3.25	17:06	5:15	16	5:16	71	5:16
00 2	3.25	17:25	5:21	17	4:58	84	4:58	6.50	34:31	5:18	17	10:14	75	10:14
00 3	3.25	17:29	5:22	18	4:45	76	4:58	9.75	52:00	5:19	17	14:59	78	15:12
00 4	3.25	17:50	5:29	19	4:42	81	5:05	13.00	1:09:50	5:22	17	19:41	78	20:17
00 5	3.25	17:22	5:20	16	3:47	66	4:28	16.25	1:27:12	5:21	17	23:05	72	24:45
00 6	3.25	18:01	5:32	20	4:24	77	18:00	19.50	1:45:13	5:23	17	26:33	72	31:36
00 7	3.25	18:26	5:40	21	4:33	81	5:05	22.75	2:03:39	5:26	18	30:11	74	35:45
00 8	3.25	18:20	5:38	15	3:57	64	18:19	26.00	2:21:59	5:27	17	33:57	71	54:04
00 9	3.25	18:24	5:39	15	4:07	53	5:05	29.25	2:40:23	5:28	16	38:04	67	57:25
00 10	3.25	18:44	5:45	15	4:54	51	5:17	32.50	2:59:07	5:30	16	42:58	66	1:00:16
00 11	3.25	19:01	5:51	15	5:13	47	5:53	35.75	3:18:08	5:32	16	48:11	64	1:02:32
00 12	3.25	19:33	6:00	16	5:07	62	6:20	39.00	3:37:41	5:34	15	53:18	65	1:04:49
000 00	3.25	19:47	6:05	21	5:56	74	6:42	42.25	3:57:28	5:37	16	59:14	66	1:08:00