



13. Kristall-Marathon

Merkers / 17.02.2019

0000

Löschner, Christoph

00: RSV Haselgrund e.V.

00: 725

00: 42.25 km

Marathon

0000:

Senioren M35 (35-39 Jahre)

000: 4:01:36

00: 10.43 km/h

0000: 5:43 min/km

00000/0000: 77 (of 193)

00000/0: 70 (of 161)

000000: 2:49:28

00000: 18(of 27)

0000000: 2:58:14

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	15:35	4:47	13	3:45	38	3:45	3.25	15:35	4:47	13	3:45	38	3:45
00 2	3.25	15:46	4:51	12	3:19	38	3:19	6.50	31:21	4:49	13	7:04	36	7:04
00 3	3.25	16:23	5:02	15	3:39	48	3:52	9.75	47:44	4:53	13	10:43	39	10:56
00 4	3.25	16:09	4:58	12	3:01	40	3:24	13.00	1:03:53	4:54	13	13:44	41	14:20
00 5	3.25	16:28	5:03	13	2:53	44	3:34	16.25	1:20:21	4:56	12	16:14	40	17:54
00 6	3.25	17:23	5:20	16	3:46	61	17:22	19.50	1:37:44	5:00	14	19:04	42	24:07
00 7	3.25	18:00	5:32	17	4:07	70	4:39	22.75	1:55:44	5:05	15	22:16	46	27:50
00 8	3.25	19:29	5:59	21	5:06	88	19:28	26.00	2:15:13	5:12	14	27:11	50	47:18
00 9	3.25	20:19	6:15	21	6:02	93	7:00	29.25	2:35:32	5:19	15	33:13	55	52:34
00 10	3.25	20:13	6:13	20	6:23	84	6:46	32.50	2:55:45	5:24	15	39:36	60	56:54
00 11	3.25	21:36	6:38	23	7:48	99	8:28	35.75	3:17:21	5:31	15	47:24	63	1:01:45
00 12	3.25	22:42	6:59	25	8:16	109	9:29	39.00	3:40:03	5:38	17	55:40	68	1:07:11
000 00	3.25	21:33	6:37	25	7:42	101	8:28	42.25	4:01:36	5:43	18	1:03:22	70	1:12:08