



13. Kristall-Marathon

Merkers / 17.02.2019

0000

Müller, Michael

00: HSV Birnfeld

00: 748

00: 42.25 km

Marathon

0000:

Senioren M55 (55-59 Jahre)

000: 4:04:45

00: 10.30 km/h

0000: 5:47 min/km

00000/000: 80 (of 193)

00000/0: 73 (of 161)

000000: 2:49:28

00000: 3(of 20)

0000000: 3:36:40

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	16:49	5:10	4	1:30	64	4:59	3.25	16:49	5:10	4	1:30	64	4:59
00 2	3.25	17:22	5:20	5	1:06	82	4:55	6.50	34:11	5:15	5	2:36	72	9:54
00 3	3.25	17:37	5:25	5	2:14	86	5:06	9.75	51:48	5:18	5	3:49	76	15:00
00 4	3.25	17:32	5:23	2	1:58	71	4:47	13.00	1:09:20	5:19	5	5:47	73	19:47
00 5	3.25	18:12	5:35	5	2:33	88	5:18	16.25	1:27:32	5:23	5	8:20	77	25:05
00 6	3.25	17:54	5:30	2	2:06	73	17:53	19.50	1:45:26	5:24	3	10:26	73	31:49
00 7	3.25	19:08	5:53	6	3:07	93	5:47	22.75	2:04:34	5:28	3	13:33	77	36:40
00 8	3.25	19:27	5:59	4	3:34	87	19:26	26.00	2:24:01	5:32	3	17:07	78	56:06
00 9	3.25	19:37	6:02	5	3:22	83	6:18	29.25	2:43:38	5:35	3	20:29	79	1:00:40
00 10	3.25	20:14	6:13	5	3:15	85	6:47	32.50	3:03:52	5:39	3	23:44	77	1:05:01
00 11	3.25	21:06	6:29	6	2:54	88	7:58	35.75	3:24:58	5:44	3	26:38	79	1:09:22
00 12	3.25	20:14	6:13	4	1:30	73	7:01	39.00	3:45:12	5:46	4	28:08	77	1:12:20
000 00	3.25	19:33	6:00	5	1:54	67	6:28	42.25	4:04:45	5:47	3	28:05	73	1:15:17