



13. Kristall-Marathon

Merkers / 17.02.2019

0000

Heimann, Peter

00: Team Erdinger Alkoholfrei

00: 674

00: 42.25 km

Marathon

0000:

Senioren M55 (55-59 Jahre)

000: 4:04:51

00: 10.35 km/h

0000: 5:48 min/km

00000/000: 81 (of 193)

00000/0: 74 (of 161)

000000: 2:49:28

00000: 4(of 20)

0000000: 3:36:40

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	16:57	5:12	5	1:38	68	5:07	3.25	16:57	5:12	5	1:38	68	5:07
00 2	3.25	17:03	5:14	4	0:47	74	4:36	6.50	34:00	5:13	4	2:25	69	9:43
00 3	3.25	16:41	5:08	2	1:18	54	4:10	9.75	50:41	5:11	3	2:42	64	13:53
00 4	3.25	17:35	5:24	3	2:01	72	4:50	13.00	1:08:16	5:15	3	4:43	65	18:43
00 5	3.25	18:11	5:35	4	2:32	87	5:17	16.25	1:26:27	5:19	2	7:15	69	24:00
00 6	3.25	17:59	5:31	4	2:11	75	17:58	19.50	1:44:26	5:21	2	9:26	69	30:49
00 7	3.25	19:01	5:51	4	3:00	89	5:40	22.75	2:03:27	5:25	2	12:26	71	35:33
00 8	3.25	19:15	5:55	3	3:22	84	19:14	26.00	2:22:42	5:29	2	15:48	74	54:47
00 9	3.25	19:48	6:05	6	3:33	86	6:29	29.25	2:42:30	5:33	2	19:21	75	59:32
00 10	3.25	20:20	6:15	6	3:21	86	6:53	32.50	3:02:50	5:37	2	22:42	76	1:03:59
00 11	3.25	20:20	6:15	5	2:08	83	7:12	35.75	3:23:10	5:40	2	24:50	75	1:07:34
00 12	3.25	21:26	6:35	8	2:42	94	8:13	39.00	3:44:36	5:45	2	27:32	73	1:11:44
000 00	3.25	20:15	6:13	7	2:36	78	7:10	42.25	4:04:51	5:47	4	28:11	74	1:15:23