



13. Kristall-Marathon

Merkers / 17.02.2019

0000

Heimann, Peter

00: Team Erdinger Alkoholfrei

00: 674

00: 42.25 km

Marathon

0000:

Senioren M55 (55-59 Jahre)

000: 4:04:51

00: 10.29 km/h

0000: 5:48 min/km

00000/000: 81 (of 193)

00000/0: 74 (of 161)

000000: 2:49:28

00000: 4(of 20)

0000000: 3:36:40

0000

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|--------|------|-------|--------|----|------|----|-------|-------|---------|--------|----|-------|----|---------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| 00 1 | 3.25 | 16:57 | 5:12 | 5 | 1:38 | 68 | 5:07 | 3.25 | 16:57 | 5:12 | 5 | 1:38 | 68 | 5:07 |
| 00 2 | 3.25 | 17:03 | 5:14 | 4 | 0:47 | 74 | 4:36 | 6.50 | 34:00 | 5:13 | 4 | 2:25 | 69 | 9:43 |
| 00 3 | 3.25 | 16:41 | 5:08 | 2 | 1:18 | 54 | 4:10 | 9.75 | 50:41 | 5:11 | 3 | 2:42 | 64 | 13:53 |
| 00 4 | 3.25 | 17:35 | 5:24 | 3 | 2:01 | 72 | 4:50 | 13.00 | 1:08:16 | 5:15 | 3 | 4:43 | 65 | 18:43 |
| 00 5 | 3.25 | 18:11 | 5:35 | 4 | 2:32 | 87 | 5:17 | 16.25 | 1:26:27 | 5:19 | 2 | 7:15 | 69 | 24:00 |
| 00 6 | 3.25 | 17:59 | 5:31 | 4 | 2:11 | 75 | 17:58 | 19.50 | 1:44:26 | 5:21 | 2 | 9:26 | 69 | 30:49 |
| 00 7 | 3.25 | 19:01 | 5:51 | 4 | 3:00 | 89 | 5:40 | 22.75 | 2:03:27 | 5:25 | 2 | 12:26 | 71 | 35:33 |
| 00 8 | 3.25 | 19:15 | 5:55 | 3 | 3:22 | 84 | 19:14 | 26.00 | 2:22:42 | 5:29 | 2 | 15:48 | 74 | 54:47 |
| 00 9 | 3.25 | 19:48 | 6:05 | 6 | 3:33 | 86 | 6:29 | 29.25 | 2:42:30 | 5:33 | 2 | 19:21 | 75 | 59:32 |
| 00 10 | 3.25 | 20:20 | 6:15 | 6 | 3:21 | 86 | 6:53 | 32.50 | 3:02:50 | 5:37 | 2 | 22:42 | 76 | 1:03:59 |
| 00 11 | 3.25 | 20:20 | 6:15 | 5 | 2:08 | 83 | 7:12 | 35.75 | 3:23:10 | 5:40 | 2 | 24:50 | 75 | 1:07:34 |
| 00 12 | 3.25 | 21:26 | 6:35 | 8 | 2:42 | 94 | 8:13 | 39.00 | 3:44:36 | 5:45 | 2 | 27:32 | 73 | 1:11:44 |
| 000 00 | 3.25 | 20:15 | 6:13 | 7 | 2:36 | 78 | 7:10 | 42.25 | 4:04:51 | 5:47 | 4 | 28:11 | 74 | 1:15:23 |