



13. Kristall-Marathon

Merkers / 17.02.2019

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Panzeri, Giuseppe

□□: Venetkens Athletics

□□: 757

□□: 42.25 km

Marathon

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 4:29:36

□□: 9.40 km/h

□□□□: 6:23 min/km

□□□□□/□□□: 136 (of 193)

□□□□□/□: 119 (of 161)

□□□□□□: 2:49:28

□□□□□: 25(of 35)

□□□□□□□: 3:16:40

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□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	17:53	5:30	17	3:09	84	6:03	3.25	17:53	5:30	17	3:09	84	6:03	
□□ 2	3.25	16:59	5:13	14	2:23	72	4:32	6.50	34:52	5:21	17	5:23	84	10:35	
□□ 3	3.25	16:49	5:10	11	2:05	59	4:18	9.75	51:41	5:18	16	7:28	75	14:53	
□□ 4	3.25	18:34	5:42	22	3:47	100	5:49	13.00	1:10:15	5:24	17	11:15	81	20:42	
□□ 5	3.25	18:09	5:35	17	3:29	85	5:15	16.25	1:28:24	5:26	16	14:44	82	25:57	
□□ 6	3.25	17:32	5:23	12	2:59	64	17:31	19.50	1:45:56	5:25	15	17:43	76	32:19	
□□ 7	3.25	22:01	6:46	31	7:34	138	8:40	22.75	2:07:57	5:37	18	25:17	93	40:03	
□□ 8	3.25	20:51	6:24	27	6:25	115	20:50	26.00	2:28:48	5:43	19	31:42	94	1:00:53	
□□ 9	3.25	23:08	7:07	30	8:12	140	9:49	29.25	2:51:56	5:52	22	39:54	101	1:08:58	
□□ 10	3.25	29:53	9:11	34	14:33	160	16:26	32.50	3:21:49	6:12	26	54:27	120	1:22:58	
□□ 11	3.25	26:25	8:07	32	10:42	150	13:17	35.75	3:48:14	6:23	28	1:05:02	128	1:32:38	
□□ 12	3.25	22:12	6:49	21	6:49	101	8:59	39.00	4:10:26	6:25	28	1:10:52	124	1:37:34	
□□□ □□	3.25	19:10	5:53	10	3:59	54	6:05	42.25	4:29:36	6:22	25	1:12:56	119	1:40:08	