



13. Kristall-Marathon

Merkers / 17.02.2019

0000

Keßler, Claudia

00: Laufjunkies

00: 697

00: 42.25 km

Marathon

0000:

Seniorinnen W35 (35-39 Jahre)

000: 4:30:32

00: 9.37 km/h

0000: 6:24 min/km

00000/0000: 139 (of 193)

00000/0: 18 (of 32)

000000: 3:42:42

00000: 5(of 6)

0000000: 3:42:42

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|--------|------|-------|--------|----|------|----|------|-------|---------|--------|----|-------|----|-------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| 00 1 | 3.25 | 18:25 | 5:40 | 3 | 2:24 | 11 | 4:02 | 3.25 | 18:25 | 5:40 | 3 | 2:24 | 11 | 4:02 |
| 00 2 | 3.25 | 18:21 | 5:38 | 4 | 2:11 | 13 | 2:31 | 6.50 | 36:46 | 5:39 | 3 | 4:35 | 11 | 6:33 |
| 00 3 | 3.25 | 18:06 | 5:34 | 3 | 1:56 | 10 | 2:03 | 9.75 | 54:52 | 5:37 | 3 | 6:31 | 11 | 8:36 |
| 00 4 | 3.25 | 18:13 | 5:36 | 3 | 1:47 | 8 | 1:47 | 13.00 | 1:13:05 | 5:37 | 3 | 8:18 | 11 | 10:02 |
| 00 5 | 3.25 | 18:40 | 5:44 | 3 | 2:05 | 8 | 2:05 | 16.25 | 1:31:45 | 5:38 | 3 | 10:23 | 10 | 10:50 |
| 00 6 | 3.25 | 19:18 | 5:56 | 4 | 2:28 | 13 | 2:28 | 19.50 | 1:51:03 | 5:41 | 3 | 12:51 | 11 | 12:51 |
| 00 7 | 3.25 | 19:57 | 6:08 | 5 | 3:02 | 16 | 3:02 | 22.75 | 2:11:00 | 5:45 | 3 | 15:53 | 12 | 15:53 |
| 00 8 | 3.25 | 22:37 | 6:57 | 6 | 5:19 | 27 | 5:19 | 26.00 | 2:33:37 | 5:54 | 5 | 21:12 | 14 | 21:12 |
| 00 9 | 3.25 | 22:57 | 7:03 | 6 | 5:15 | 24 | 5:15 | 29.25 | 2:56:34 | 6:02 | 5 | 26:27 | 14 | 26:27 |
| 00 10 | 3.25 | 23:23 | 7:11 | 5 | 5:22 | 24 | 5:22 | 32.50 | 3:19:57 | 6:09 | 5 | 31:49 | 15 | 31:49 |
| 00 11 | 3.25 | 24:05 | 7:24 | 5 | 5:56 | 25 | 6:22 | 35.75 | 3:44:02 | 6:15 | 5 | 37:43 | 15 | 37:43 |
| 00 12 | 3.25 | 22:51 | 7:01 | 5 | 4:30 | 21 | 5:13 | 39.00 | 4:06:53 | 6:19 | 5 | 42:13 | 16 | 42:13 |
| 000 00 | 3.25 | 23:39 | 7:16 | 6 | 6:24 | 26 | 6:24 | 42.25 | 4:30:32 | 6:24 | 5 | 47:50 | 18 | 47:50 |