



13. Kristall-Marathon

Merkers / 17.02.2019

0000

Dressel, Philipp

00: Kleinmachnow

00: 635

00: 42.25 km

Marathon

0000:

Senioren M45 (45-49 Jahre)

000: 4:34:29

00: 9.18 km/h

0000: 6:30 min/km

00000/000: 143 (of 193)

00000/0: 124 (of 161)

000000: 2:49:28

00000: 16(of 22)

0000000: 3:15:14

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	19:33	6:00	17	5:56	122	7:43	3.25	19:33	6:00	17	5:56	122	7:43
00 2	3.25	19:56	6:08	21	6:48	141	7:29	6.50	39:29	6:04	21	12:44	133	15:12
00 3	3.25	20:12	6:12	18	6:28	141	7:41	9.75	59:41	6:07	19	19:12	137	22:53
00 4	3.25	20:28	6:17	19	6:47	138	7:43	13.00	1:20:09	6:09	19	25:59	136	30:36
00 5	3.25	20:36	6:20	19	6:45	139	7:42	16.25	1:40:45	6:12	19	32:44	141	38:18
00 6	3.25	21:01	6:28	17	7:13	137	21:00	19.50	2:01:46	6:14	19	39:57	140	48:09
00 7	3.25	21:30	6:36	17	7:28	133	8:09	22.75	2:23:16	6:17	19	47:25	139	55:22
00 8	3.25	22:11	6:49	17	7:31	131	22:10	26.00	2:45:27	6:21	18	54:56	137	1:17:32
00 9	3.25	21:36	6:38	14	6:29	112	8:17	29.25	3:07:03	6:23	18	1:01:25	137	1:24:05
00 10	3.25	22:08	6:48	16	6:43	115	8:41	32.50	3:29:11	6:26	18	1:07:19	135	1:30:20
00 11	3.25	22:32	6:56	14	6:49	115	9:24	35.75	3:51:43	6:28	17	1:12:51	130	1:36:07
00 12	3.25	21:49	6:42	14	5:52	99	8:36	39.00	4:13:32	6:30	18	1:17:08	130	1:40:40
000 00	3.25	20:57	6:26	11	5:08	91	7:52	42.25	4:34:29	6:29	16	1:19:15	124	1:45:01